

# JANUARY 2022

## Jenison Christian Hot Lunch Menu



Lunch Prices: Free (until notified otherwise)  
Staff/Adult Meals- \$3.80  
Extra Entrée- \$1.15 Milk Only- \$0.50



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

\*\*Menu items may change without notice due to produce availability

Reference: Eat Right

### MONDAY

Choice 1: Corn Puppies, Green Beans, Seasonal Veggies, Fruit **3**  
Choice 2: Turkey/Cheese Sandwich Bag

Choice 1: Pulled Pork Sandwich, Green Beans, Seasonal Veggies, Fruit **10**  
Choice 2: Chicken Sandwich Bag

Choice 1: Cheesy Pull Apart Bread, Broccoli, Marinara Sauce, Fruit **17**  
Choice 2: Ham/Cheese Wrap Bag

Choice 1: 3 Cheese Cavatappi, Garlic Breadstick, Broccoli, Seasonal Veggies, Fruit **24**  
Choice 2: Bagel Bag

Choice 1: Mozzarella Sticks, Marinara Sauce, Broccoli, Fruit **31**  
Choice 2: Nacho Bag

### TUESDAY

Choice 1: Macaroni and Cheese, Broccoli, Garlic Breadstick, Seasonal Veggies, Fruit **4**  
Choice 2: Trix Cereal Bag

**National Milk Day 11**  
Choice 1: Chicken Wings, Broccoli, Seasonal Veggies, Dinner Roll, Fruit  
Choice 2: Ham/Cheese Wrap Bag

Choice 1: Mini Waffles, Sausage, Fruitables, Potato Cubes, Orange Juice **18**  
Choice 2: Nacho Bag

Choice 1: Nachos- Chips, Taco Meat, Salsa, Cheese, Refried Beans, Spanish Rice, Romaine Lettuce, Fruit **25**  
Choice 2: Cocoa Puffs Bag

### WEDNESDAY

Choice 1: Chicken Drumstick, Garlic Mashed Potatoes, Dinner Roll, Cooked Carrots, Fruit **5**  
Choice 2: Stuffed Pizza Stick Bag

Choice 1: Bosco Sticks, Bosco Sauce, Cooked Carrots, Fruit **12**  
Choice 2: Bagel Bag

Choice 1: Chicken Tenders, Corn, Seasonal Veggies, Dinner Roll, Fruit **19**  
Choice 2: Cocoa Puffs Bag

Choice 1: Hamburger on Bun, Smiles, Seasonal Veggies, Fruit **26**  
Choice 2: Breakfast Bag

\*\*This institution is an equal opportunity provider and employer\*\*

### THURSDAY

Choice 1: Peppino's Pizza, Corn, Seasonal Veggies, Fruit **6**  
Choice 2: Cocoa Puffs Bag

Choice 1: Peppino's Pizza, Peas, Seasonal Veggies, Fruit **13**  
Choice 2: Breakfast Bag

**National Cheese Lover's Day 20**  
Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit  
Choice 2: Chicken Sandwich Bag

Choice 1: Peppino's Pizza, Green Beans, Seasonal Veggies, Fruit **27**  
Choice 2: Turkey & Cheese Sandwich Bag

### FRIDAY

Choice 1: Mini Pancakes, Sausage, Hash Brown, Fruitables Juice, Orange Juice **7**  
Choice 2: Nacho Bag

Choice 1: Chocolate Chip French Toast, Sausage, Fruitables, Hash Brown, Orange Juice **14**  
Choice 2: Turkey/Cheese Sandwich Bag

Choice 1: "Sub-r-Way"- choice from Ham or Turkey w/ your choice of toppings. fruit, Sun Chips **21**  
Choice 2: Stuffed Pizza Stick Bag

Choice 1: French Toast Bites, Sausage, Hash Brown, Fruitables Juice, Orange Juice **28**  
Choice 2: Stuffed Pizza Stick Bag

