

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Jenison Christian School

Choice 1 and 2: \$2.85
Extra Entrée: \$1.15
Milk Only: \$0.50
Staff: \$5.57

To apply for free and reduced lunches:
allendalechristian.familyportal.cloud

Questions?
Contact:
Rebecca Bruggink
Food Service Manager
hotlunch@allendalechristian.org

Fun October tidbit:
October is National Apple Month.
I love apple cider in the fall, but
did you know that it takes about
40 apples to make 1 gallon of
apple cider!!! That is a lot of
apples.

Enjoy an extra apple or two this
month.

2

Choice 1: Macaroni
and Cheese, Broccoli,
Garlic Breadstick,
Seasonal Veggies,
Fruit

Choice 2: Bagel Bag

3

Choice 1: Emoji
Waffles, Sausage,
Smiles, Fruitables,
Fruit

Choice 2: Ham &
Cheese Wrap Bag

4

Choice 1: Chicken
Nuggets, Peas,
Seasonal Veggies, Sun
Chips, Fruit

Choice 2: Nacho Bag

5

Choice 1: Sub-R-Way,
Choose from Ham or
Turkey w/ your choice of
toppings, Fruit, Sun Chips

Choice 2: Breakfast Pizza
Bag

6

Choice 1: Domino's
Pizza, Green Beans,
Seasonal Veggies,
Fruit

Choice 2: Soft Pretzel
Bag

9

Choice 1: Nachos- Chips,
Taco Meat, Salsa, Refried
Beans, Spanish Rice,
Lettuce, Fruit

Choice 2: Stuffed Pizza
Stick Bag

10

Choice 1: Bosco
Sticks, Marinara
Sauce, Green Beans,
Fruit

Choice 2: Cocoa Puffs
Bag

11

Choice 1: Hamburger
on Bun, Smiles,
Seasonal Veggies,
Fruit

Choice 2: Chicken
Sandwich Bag

12

Choice 1: Chicken
Tenders, Corn,
Seasonal Veggies,
Dinner Roll, Fruit

Choice 2: Breakfast
Pizza Bag

13

Choice 1: Domino's
Pizza, Broccoli,
Seasonal Veggies,
Fruit

Choice 2: Bagel Bag

16

Choice 1: Chicken
Tacos, Refried Beans,
Carrots, Spanish Rice,
Fruit

Choice 2: Soft Pretzel
Bag

17

Choice 1: Mini
Pancakes, Sausage,
Hash Brown,
Fruitables, Orange
Juice

Choice 2: Nacho Bag

18

No School

19

No School

20

No School

23

Choice1: Corn
Puppies, Green
Beans, Seasonal
Veggies, Fruit

Choice 2: Cocoa Puffs
Bag

24

Choice 1: Cheesy Pull
Apart Bread, Broccoli,
Marinara Sauce, Fruit

Choice 2: Bagel Bag

25

Choice 1: Pulled Pork
Sandwich, Baked
Beans, Seasonal
Veggies, Fruit

Choice 2: Soft Pretzel
Bag

26

Choice 1: Apple
Cinnamon Texas Toast,
Potato Cubes, Sausage,
Fruitables, Orange Juice

Choice 2: Chicken
Sandwich Bag

27

Choice 1: Domino's
Pizza, Peas, Seasonal
Veggies, Fruit

Choice 2: Ham &
Cheese Wrap Bag

30

Choice 1: Chicken
Drumstick, Garlic Mashed
Potatoes, Dinner Roll,
Green Beans, Fruit

Choice 2: Breakfast Pizza
Bag

31

Choice 1: 3 Cheese
Cavatappi, Garlic
Breadstick, Broccoli,
Seasonal Veggies, Fruit

Choice 2: Stuffed Pizza
Stick Bag