

- 2023 -

SEPTEMBER

FRIDAY

Jenison Christian School

Choice 1 and 2: \$2.85
Extra Entrée: \$1.15
Milk Only: \$0.50
Staff: \$5.57

To apply for free and reduced lunches:
allendalechristian.familyportal.cloud

Questions?
Contact:
Rebecca Bruggink
Food Service Manager
hotlunch@allendalechristian.org

Fun September tidbit:
September is Whole Grain Month.
Did you know that it takes about
1,000 tons of water to grow 1 ton
of grain!

Make sure you are looking for
whole grains in the foods that you
eat.

MONDAY

4

Labor Day

11

Choice1: Corn
Puppies, Green
Beans, Seasonal
Veggies, Fruit

Choice 2: Cocoa Puffs
Bag

18

Choice 1: Chicken
Drumstick, Garlic
Mashed Potatoes,
Dinner Roll, Green
Beans, Fruit

Choice 2: Breakfast
Pizza Bag

25

Choice 1: Chicken
Wings, Broccoli,
Seasonal Veggies,
Dinner Roll, Fruit

Choice 2: Ham &
Cheese Wrap Bag

TUESDAY

5

Choice 1: Chicken
Tenders, Broccoli,
Seasonal Veggies,
Dinner Roll, Fruit

Choice 2: Breakfast
Pizza Bag

12

Choice 1: Cheesy Pull
Apart Bread, Broccoli,
Marinara Sauce, Fruit

Choice 2: Ham &
Cheese Wrap Bag

19

Choice 1: 3 Cheese
Cavatappi, Garlic
Breadstick, Broccoli,
Seasonal Veggies,
Fruit

Choice 2: Stuffed
Pizza Stick Bag

26

Choice 1: Mini
Cinnamon Rolls,
Sausage, Fruitables,
Potato Cubes, Fruit

Choice 2: Soft Pretzel
Bag

WEDNESDAY

6

Choice 1: Bosco
Sticks, Marinara
Sauce, Cooked
Carrots, Fruit

Choice 2: Stuffed
Pizza Stick Bag

13

Choice 1: Pulled Pork
Sandwich, Baked
Beans, Seasonal
Veggies, Fruit

Choice 2: Bagel Bag

20

Choice 1: Hot Dog on
Bun, Baked Beans,
Seasonal Veggies,
Fruit

Choice 2: Cocoa Puffs
Bag

27

Choice 1: Mozzarella
Sticks, Marinara
Sauce, Green Beans,
Fruit

Choice 2: Bagel Bag

THURSDAY

7

Choice 1: Mini
Waffles, Sausage,
Fruitables, Hash
Brown, Orange Juice

Choice 2: Nacho Bag

14

Choice 1: French
Toast Bites, Sausage,
Potato Cubes,
Fruitables, Fruit

Choice 2: Soft Pretzel
Bag

21

Choice 1: Dutch
Waffles, Sausage,
Hash Brown,
Fruitables, Fruit

Choice 2: Chicken
Sandwich Bag

28

SEW Lunch

1

No School

8

Choice 1: Domino's
Pizza, Green Beans,
Seasonal Veggies,
Fruit

Choice 2: Chicken
Sandwich Bag

15

Choice 1: Domino's
Pizza, Corn, Seasonal
Veggies, Fruit

Choice 2: Breakfast
Bag

22

Choice 1: Domino's
Pizza, Peas, Seasonal
Veggies, Fruit

Choice 2: Nacho Bag

29

Choice 1: Domino's
Pizza, Corn, Seasonal
Veggies, Fruit

Choice 2: Breakfast
Bag